

Menu Suggestions For Restricted Diets

****Please always advise server of Dietary Restrictions** All Meats for Stir Fry are marinated with Corn Starch, Egg, Baking Soda, Soybean Oil and White Pepper.
Only Meats Available without marinade are Chicken, Salmon, or Diced Shrimp**

No Nut—order as **"Nut Allergy/No Nut"**

Black Bean Chicken or Beef (order no green beans)
Brown Bean Salmon
Chicken Salad (order no Peanuts)
Velvet Chicken (order no Pine nuts)
Chicken Soong (order no Pine nuts)

Mongolian Chicken, Pork or Beef
Chicken or Pork with Garlic Sauce
Orange Chicken or Beef
Szechwan Chicken or Shrimp
All Chow Mein and Spiced Shrimp

No Garlic

Order as **ALLERGY/NO GARLIC**

Lemon Chicken
Asian Chicken Salad
Zesty Orange Shrimp
Spice Girl Chicken
Szechwan Chick Wings

Low Sugar

Order as **ALLERGY/NO SUGAR**

Velvet Chicken
Buddah's Delight
Ginger Beef or Chicken
Imperial Noodles
All Chow Mein & All Fried Rice

No Dairy

The only dishes using dairy (milk-cheese) are salmon spring rolls, honey walnut shrimp or chicken, crab won tons and most desserts.

No Cornstarch—order as **Cornstarch Allergy/Hand Cut/New Oil**

Pepper Chicken or Salmon
Chicken or Salmon with Garlic Sauce
Asian Chicken Salad, Bon Bon Chicken

Nanking Chicken or Salmon
Coconut Thai Curry Chicken or Salmon
Velvet Chicken, Curry Chicken or Salmon

No Egg—order as **Egg Allergy /Hand Cut/New Oil**

Asian Chicken Salad, Bon Bon Chicken
Black Bean Chicken, Shrimp or Salmon
Cashew Chicken or Shrimp
Coconut Thai Chicken, Shrimp or Salmon
Kung Pao Chicken or Shrimp
Mediterranean Chicken or Shrimp
Nanking Chicken or Shrimp
Tropical Thai Chicken, Shrimp or Salmon

No Mushroom

order as **"Mushroom Allergy"**

Brown Bean Salmon (order no mushrooms)
Char Shu or Asian Chicken Salad
Coconut Thai Chicken or Halibut
Five Taste Shrimp or Chicken
Honey Walnut Shrimp or Chicken
Lemon Chicken
Anything Gluten Free (order no mushrooms)

Vegan—order **ALLERGY No Oyster/New Oil/No Nut**

Cashew Veggie or Tofu Nanking Veggie or Tofu
Buddah's Delight with Garlic Sauce (add tofu?)
Kung Pao Veggie or Tofu
Cashew Tofu Noodle (order flat noodles)
Eight Treasure Tofu Noodle (order flat noodle)
Szechwan Tofu (prepared like Szechwan shrimp)

Green Beans and Nuts are fried in same fryer as chicken

No Soy—order as **SOY ALLERGY**

Paradise Salmon or Chicken:
Broccoli, carrots, snap peas, mushrooms, baby corn, Napa cabbage, water chestnuts, zucchini, yellow squash, bell peppers in a fresh ginger sauce

Shellfish/Seafood Allergy -order as **ALLERGY/Shellfish-Seafood Allergy/New Oil**

Char Shu, Bon Bon Chicken	GF Mongolian Beef or Chicken	Pork with Garlic Sauce
Asian Chicken Salad	GF Broccoli Beef or Chicken	GF Pepper Beef or Chicken
Szechwan Chicken	Szechwan Chicken Noodle	Velvet Chicken

Mandarin and its representatives make every attempt to identify ingredients that may cause allergic reactions, and practice kitchen safety for cross contamination.
We cannot be held liable for adverse reactions to food consumed, or items one may come in contact with while eating at Mandarin.

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